

Olinder Brown Bag Program

Olinder Neighborhood volunteers, in cooperation with the Second Harvest Food Bank, offer nutritional assistance to area seniors through the weekly brown bag program. Food distribution for program participants is offered weekly for qualifying seniors who meet the age and income requirements. For additional information or to volunteer for this program, contact the Olinder Neighborhood Center.

Olinder Food Program

The Olinder Neighborhood Brown Bag program is an award winning neighborhood program run entirely by volunteers and dedicated to maintaining a healthy community through access to nutrition. Twice each week, volunteers work with local supermarkets to redistribute an average of \$2,500 in damaged store goods to families in the neighborhood. Contact the Olinder Neighborhood Center for additional information.

Olinder Neighborhood Computer Lab

The Olinder Neighborhood Center has a computer lab available for community use. The lab features MAC and PC computers. Neighborhood residents have free access to this lab on Mondays and Fridays from 8:30-10:30am.

Olinder Neighborhood Association

The Olinder Neighborhood Association meets monthly to strengthen their neighborhood, provide input to center staff on programs and community issues, and plan events that improve their community. Residents have focused on crime, traffic calming, and the development of Selma Olinder Park as part of their focus. Neighborhood leaders have also been actively involved in plans and activities to improve their community through the Five Wounds/Brookwood Terrace Strong Neighborhoods Initiative. If you would like to be part of this energetic group of neighborhood leaders, please contact the Olinder Neighborhood Center or the Five Wounds/Brookwood Terrace SNI office at 408-297-3301.

SAN JOSE AFTER SCHOOL

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun, and enriching activities for youth after school. Olinder Neighborhood Center hosts a San José After School Program. The comprehensive, level 3 programming integrates literacy, leadership, education, nutrition, cultural arts and recreation activities. San José After School is available from 3-6pm Mondays, Wednesdays, Thursdays, and Fridays, and 2-6pm Tuesdays.

Roosevelt Community Center

901 E. Santa Clara St., San José 95116

Phone: 408-998-2223 **Fax:** 408-998-7036 **Supervisor:** Tony Torres

Email: tony.torres@sanjoseca.gov Bus Lines: 22, 300, and 64

Types of Programs: Fee class and rental program, special events,

and youth center.

SPORTS & FITNESS

Cardio Kickboxing

\$50

A terrific and intense workout. Kicking and punching with basic martial arts movements. Stretching and body sculpture along with a high impact cardio routine round out this demanding weekly training session. Always check with your doctor before joining an exercise program. Not for the meek.

No Class 5/27				Instructor: Casta Non		
Course#	Day	Date	Time	Age	Mtg.	Loc.
234.4.503	Sa	4/8-6/17	2-3:15pm	15+	10	RO

Vovinam Vietnamese Martial Arts \$5

This class combines self-defense, rolling, and various martial arts techniques to teach students how to be their best through martial arts. There is an optional \$40 uniform fee payable after the second week.

Instructor: Nguyen

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.4.501	T/F	4/4-6/20	6-8pm	6+	23	RO

SPECIALTY

Learn How to DJ! - New

\$32

Interested in learning how to make your own beats? This new class is designed specifically for those interested in the production side of DJing. Register now!

Instructor: Lopez

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.4.600	Th	5/18-6/22	7-8:30pm	12-18	6	RO

DANCE

Hip Hop - New

\$36

Learn the newest dance steps that will keep you moving and grooving to the latest hip hop and pop hits. This class is a great way to improve your grace, coordination, and self-confidence all the while having fun listening and dancing to great music. No experience necessary!

Instructor: Camp Carter

Course#	Day	Date	Time	Age	,	
234.4.502	T	4/11-5/9	6-7pm	12-17	5	RO



TEEN CENTER

After school recreation programs for youth 11-17 yrs

Hours:

Monday 2-6pm Tuesday 2-6pm Wednesday 2-6pm Thursday 2-6pm Friday 2-6pm

The Drop-In Program offers the following:

Pool Table • Ping Pong Table

Homework Assistance • Foosball Table

Big Screen TV ● X Box ● Volunteer Opportunities

Youth Advisory Council:

Youth Council meets on the 3rd Friday of the month. At meetings we discuss the types of activities you would like for your teen program. Get involved with your teen program!

Day	Date	Time	Age
F	3rd week	4pm	10-18

Youth Community Service:

If you need to complete community service hours or just want to lend a helping hand, there are many opportunities available this spring. Contact Anthony Ossenfort at 408-998-2223 for more information.

Got Skills?

Consider a career with the

Department of Parks, Recreation and Neighborhood Services.

Make a difference in your community!



For more information on career opportunities with the City of San José:

- Log onto http://jobs.cityof sj.org/
- Call the City of San José Jobs Line at 408-535-6800
- Visit Employee Services, 200 East Santa Clara Street, San José, CA 95113 tel. 408-535-1285, fax 408-292-6447

Sherman Oaks **Community Center**

1800A Fruitdale Ave., San José 95128

Phone: 408-292-2935 Fax: 408-292-5811

Supervisor: Carolyn Mosby

Email: carolyn.mosby@sanjoseca.gov

Bus Lines: 25 and 65

Types of Programs: Community meetings and special

events, rentals, after school recreation.

Senior Programs

Willow Senior Center at 2175 Lincoln Ave. provides nutrition, classes and clubs. Please see the Willow Senior Center section on page 28.

For more information, call 408-448-6400

Strong Neighborhoods Initiative

Burbank/Del Monte Strong Neighborhoods Initiative

Neighborhood Advisory Committee (NAC)

Meets every fourth Thursday of the month at 7pm

1800 Fruitdale, Sherman Oaks Community Center, (nearest cross street is Leigh Ave.)

For more information call the NAC President

Randi Kinman 408-835-2881

Sherman Oaks Neighborhood Association

Sherman Oaks Neighborhood Association (SONA) meets every second Thursday at 7pm.

1800 Fruitdale, Sherman Oaks Community Center, (nearest cross street is Leigh Ave.)

For more information call the Neighborhood Association President Randi Kinman 408-835-2881

Korean American Community Services (KACS)

Monday-Friday lunch program for seniors. Reservation is required. Lunch is served at 12pm. Ages 60 and older \$2 donation- under 60 must pay a \$5 fee. Other services include Korean exercise "DAHN-HAK", flower arrangement, citizenship preparation, and Peace Choir. For lunch reservation or more information call 408-920-9733. **Executive Director, Young Shim**

